

Moving In Pack





“They have provided me with a level of care that is second to none and given me the opportunity to make friends and meet people who have shared similar experiences.

Albert Lamond,
Erskine Resident.



Erskine Homes

Erskine is Scotland's leading veterans' charity. Our purpose is to provide our residents with the best possible care and to support them to achieve maximum quality of life. We strive to care for as many members of the wider ex-Service community as we can and will continue our work for as long as there is a need.

Excellence is our watchword. Our Homes are different but enjoy the highest standards of care, with modern, purpose built accommodation and, just as importantly, motivated and well trained staff.

We have two Homes, one near the Erskine Bridge in Renfrewshire and one in Gilmerton, Edinburgh.

Our strength lies in the commitment staff show to ensuring that the care and support we offer to our residents and their families meet their very individual needs.

- > [The Erskine Home](#)
- > [Erskine Edinburgh Home](#)





Proud to Care

Dignity, privacy and respect are central to the Erskine care philosophy and we believe that every person in our care should be treated as an individual.

We encourage all our residents to maintain contact with their previous community wherever possible. Past links have important memories and are worth holding on to.

No place like home

Coming to live at Erskine should be a positive experience. We offer excellent care and support within a comfortable homely environment, ensuring that our residents enjoy the optimum quality of life.

Our Homes are purpose built with modern facilities and bright airy rooms which are well proportioned and tastefully decorated. All rooms have pleasant views of the landscaped gardens.

Each individual bedroom has en-suite shower and toilet facilities as well as a call alarm system, television point and telephone socket. Personal telephone lines or internet connections can be provided at a small additional cost. Residents can have a key to their room and are encouraged to bring in personal belongings and mementoes to help them feel at home.

Who is eligible

The following people are eligible to apply for care in an Erskine Home if they have been assessed by a Social Worker as being in need of care:

- Personnel who have served either as a Regular or on National Service in the Royal Navy, Royal Marines, Army or Royal Air Force, and therefore eligible to apply for an Armed Forces Veterans badge. This includes volunteers and regular reserves
- Ex members of the Merchant Marine who were deployed on active service
- Members of the Royal Fleet Auxiliary
- Members of the Home Guard
- The current spouse of those listed above
- The widow/widower of any of the above, unless the spouse has remarried

Unfortunately, there can be no exceptions to our eligibility requirements.

Applying to move in

Anyone applying to move into an Erskine Home should first contact the Care Admin Team in either The Erskine Home or Erskine Edinburgh Home, who will provide advice on the appropriate procedure.

As a charity, we recognise that cost can be a concern for those considering care. Local council social work departments will provide helpful information and advice on financial entitlement and possible assistance towards the cost of care.

Application forms and information regarding current costs of nursing, dementia or residential care in an Erskine Home is available from the relevant Care Admin Team (contact details are on the back page).

It is often a comfort for future residents and their loved ones to see the Home virtually. We encourage families to view the videos on our website showing the inside views of our Homes.





Providing a Haven

Our staff are central to our care philosophy and the quality of their work can be measured by the many kind words of gratitude we have received over the years. Each member of our care team is dedicated to maintaining exceptional standards of clinical care; they never forget that each of our residents is unique – and that every one is a person to be valued.

Nursing care

At Erskine, we offer 24 hour nursing care to those veterans who, through disability, frailty or for their own personal welfare and wellbeing, choose to live in a caring environment.

Our Homes support our residents to enjoy a great quality of life, and to experience a sense of independence, purpose and fun within a safe and secure care setting.

At Erskine our residents are respected as individuals and not defined by any condition. Our specially trained staff focus on each person's strengths and abilities, and support them and their families to maintain a quality of life that is valued by them.

Dementia care

There are four houses within The Erskine Home which provide care for the specific needs of people living with dementia, supporting them to maximise their abilities and maintain an optimum level of independence.

Within our Erskine Edinburgh Home we have one house dedicated to 10 residents living with dementia.

Erskine Homes includes 24 hour nursing and dementia care.

We are committed to working with families/relatives to ensure the care experience is the best it can be in as homely setting as possible.

At Erskine our residents are respected as individuals who bring their own unique abilities with them.

Erskine also offers residential care in our Homes for people not requiring nursing or dementia care.

Namaste

Our Homes have Namaste Rooms. Namaste is a sensory stimulating intervention used with people in the latter stages of their dementia journey. The term derives from a Hindu term related to 'honouring the spirit within', in simple terms this can mean just 'being present' with the resident, using touch, sight, sound and smells to create a place of tranquillity.

The Namaste Rooms are also ideal places for residents to sit, relax and have quiet time, when the room would otherwise be empty.

Training

Our staff all receive training to enable them to provide quality care to our residents.

At our Bishopton campus we have a specialist Domus training area, which supports our programmed approach to dementia training. Staff in our Homes receive training using the national (dementia) Promoting Excellence Framework.

Staff, as part of their training programme, or as part of stand alone training, have the opportunity for frailty awareness training using frailty simulation suits.

All staff receive specialist training in caring for people living with dementia based on a human rights approach focusing on our residents strengths and abilities.





The Best Care

Our teams of care staff include:

- > Registered Nurses
- > Senior Care Assistants
- > Care Assistants
- > Physiotherapist
- > Speech and Language Therapist
- > Podiatrist
- > Activities Team
- > Quality Improvement Assistant
- > Advanced Nurse Practitioner

Our residents have readily available access to our local GP and dental teams.

An integral part of the care package offered to our residents is a comprehensive programme of recreational activities tailored to the preferences and choices of our residents.

An active community lifestyle

Residents are free to choose how they spend their day and there is a wide choice of interesting things to do.

At Erskine, we are lucky to have a bank of volunteers who help our staff to provide recreational and social activities to suit all tastes, from films and concerts to quizzes, competitions and board games.

Each of our Homes have a hairdressing service which looks after the residents, this is not an additional cost service to residents.

Each of our Homes have a podiatrist service which provides high quality foot care.

Our chaplaincy service looks after the pastoral needs of our residents. A busy social calendar aims to cater for all tastes and includes concerts and visits from groups such as the Royal British Legion, Rotary Clubs, schools and pipe bands. Visits to local shops, pubs and clubs and outings to places of interest and sporting occasions help maintain strong links with the wider community.

Our status as Scotland's leading ex-Service charity also offers our residents opportunities to enjoy out of the ordinary experiences, from attendance at Military Tattoos to VIP visits, helping to make life extra special for our residents.

Enjoying the outdoors

At Erskine we have gone to great lengths to ensure our gardens and grounds are maintained to a high standard. Well kept, open spaces offer the opportunity to sit and enjoy the view. Each of our Homes benefit from fully landscaped grounds and in our Bishopton Home, residents can enjoy the full splendour of the old Erskine Hospital estate and purpose built cycle path that undulates through the woodland area allowing residents to ride freely on specially adapted bikes. One of the few things we can't guarantee is the weather! With that in mind, we have designed all of our Homes in a way that allows in as much natural daylight as possible, giving a bright, airy feel to our rooms. If the sun is shining and the temperature is a little low, our residents can sit by the large picture windows and enjoy the gardens and wildlife they attract.

Appetising and wholesome meals

Our highly trained chefs aim to provide the very best home cooking with a wide variety of ingredients and a good selection of meals. How do we come up with our menus? Our residents are consulted on what they like and dislike, as well as what they think should be on offer as a lunchtime or evening meal. All our menus are evaluated to ensure that residents are offered a well balanced diet that meets their individual nutritional requirements. Tea, coffee and fruit juice are always available, along with a selection of snacks for those who feel like a tasty extra.

Housekeeping

Erskine strives for the highest possible standards and from laundry to cleaning our housekeeping services are undertaken with military precision to ensure exceptional levels of hygiene throughout our Homes.





The Erskine Home

“Just over two years ago I was not in good health but with encouragement of all staff nurses, carers and employees I am now in almost a position of independence. I have only to indicate need of assistance and staff at hand are ready 24 hours to give me help.”

The Erskine Home in Bishopton opened in 2000. The Home offers long term care and looks after 180 residents in six houses, four of which specialise in caring for residents living with dementia.

At The Erskine Home, our usual range of services are complemented by Harry's Cafe and the neighbouring Caulders Garden Centre and Vanishing Willows Cafe.

Harry's Cafe is open to residents, relatives and staff, helping us to create a village feel within our Home.

The Erskine Home

Bishopton
Renfrewshire
PA7 5PU

Tel: 0141 812 1100
Fax: 0141 814 4569

Email: enquiries@erskine.org.uk
Web: www.erskine.org.uk

Directions:

By car from central Glasgow, follow the M8 west and exit at junction 30, signposted M898 Erskine Bridge. Just before the Bridge, turn left to Bishopton. Go straight on at the next roundabout following signs for The Erskine Home.

By car from the North, cross Erskine Bridge and take the first exit, signposted Bishopton. At the first roundabout turn left; at the next roundabout turn right and follow signs for The Erskine Home.

By bus; The Erskine Home is on a regular bus route - call Traveline on 0871 200 2233 or visit www.travelinescotland.com for the most up to date timetables.

By train; our nearest train station is Bishopton, followed by a short bus or taxi ride. Please contact National Rail Enquiries on 0845 748 4950 or visit www.nationalrail.co.uk for details.



Erskine Edinburgh Home

Erskine Edinburgh Home opened in 2002 and is situated in the heart of Gilmerton, on the south side of Edinburgh. The purpose built accommodation provides 24 hour nursing, residential and dementia care for 40 residents.

Erskine Edinburgh Home enjoys a close association with the serving Armed Forces, sharing its landscaped grounds with the Army's Personnel Recovery Centre, we also host Combat Stress and Veterans First Point services.

Erskine Edinburgh Home

468 Gilmerton Road
Edinburgh
EH17 7SA

Tel: 0131 672 2558
Fax: 0131 666 9951

Email: enquiries@erskine.org.uk
Web: www.erskine.org.uk

Directions:

By car from Edinburgh city centre, take Liberton Road until it meets Gilmerton Road on left. Continue on Gilmerton Road, past Morrison's supermarket on the right, and then take first right.

By car from Edinburgh City Bypass, exit at Gilmerton junction and follow signs for Gilmerton. Continue through Gilmerton to traffic lights at crossroads. Straight ahead, then take first road on left or travelling from the East, take A7 north from Sherriffhall roundabout. Turn left at Ferniehill Drive. At first set of traffic lights turn right and then take the third road on the left.

By bus; from central Edinburgh, buses to the Erskine Edinburgh Home leave from the north side of Princes Street. Call Traveline on 0870 608 2608 or visit www.travelinescotland.com for information.

By train; nearest station is Edinburgh Waverley followed by a bus from the north side of Princes Street. For train info contact National Rail Enquiries on 08457 484950 or visit www.nationalrail.co.uk.

“The environment gives people a sense of being able to do things for themselves, gives a sense of contentment.”





Other Erskine Services

“Just over two years ago I was not in good health but with encouragement of all staff nurses, carers and employees I am now in almost a position of independence. I have only to indicate need of assistance and staff at hand are ready 24 hours to give me help.”

ETSA:
Erskine has recently completed the build of 24 apartments on the Bishopton Estate. These apartments, which are known as David Boyle Court, are being prioritised for occupation by ex-service men and women of working age, and are single occupancy. The apartments are now available for tenancy.

The supported accommodation for transitioning Veterans helps individuals who need help to begin the next chapter of their lives. For residents of ETSA, Erskine offers social, recreation and training facilities at the Erskine Reid Macewen Activity Centre (ERMAC). They will also be offered a bespoke personal support package tailored to suit their needs to help them move onto full-time employment and long-term suitable accommodation.

Erskine Reid Macewen Activity Centre:
Located within the historic stable building in the Veterans Village, ERMAC aims to enhance the quality of life and wellbeing of Veterans in the community.

The activity centre provides Veterans and their spouses with the opportunity to meet people who have shared experiences, learn new skills, explore a number of interests and access support services.



Assisted Living Accommodation:
Assisted Living Apartments on the Erskine Veterans Village Estate provide accommodation and services to elderly or disabled Veterans and/or their spouse, enabling them to live in their own home for as long as possible through access to a range of support services and social activities.

The apartments are connected to The Erskine Home within a safe and peaceful environment, providing a dedicated car parking space and access to the beautiful grounds of the Erskine Estate in Bishopton.

Location:
The Erskine Transitional Supported Accommodation, Erskine Cottages and Assisted Living Accommodation can all be found nestled in the extensive grounds of the Erskine Veterans Village, Bishopton. Here Veterans can live as independently or as supported as needed.

Erskine Cottages:
Erskine’s 44 one, two and three bedroom cottages provide ideal accommodation for Veterans and their families.

Cottages for veterans and their families have been a feature of the Erskine Veterans Village for many years. The current houses are built in a number of different sizes to accommodate our current tenant family mix. They have in-built flexibility for future amendments if the needs of our tenants’ change in the future.

“The environment gives people a sense of being able to do things for themselves, gives a sense of contentment.”





“The warmth and camaraderie I have found here are priceless, and I am truly grateful for the comfort it has brought to my life.”

Jessie Ellingham
Erskine Resident.



Homes

The Erskine Home

Tel: 0141 814 4538 Fax: 0141 814 4569

Erskine Edinburgh Home

Tel: 0131 672 2558 Fax: 0131 666 9951

Email: enquiries@erskine.org.uk

Website: erskine.org.uk

 [@erskineveteranscharity](https://www.instagram.com/erskineveteranscharity)

 [ErskineVeteransCharity](https://www.facebook.com/ErskineVeteransCharity)

 [@erskinecharity](https://twitter.com/erskinecharity)

 erskine.org.uk/radio